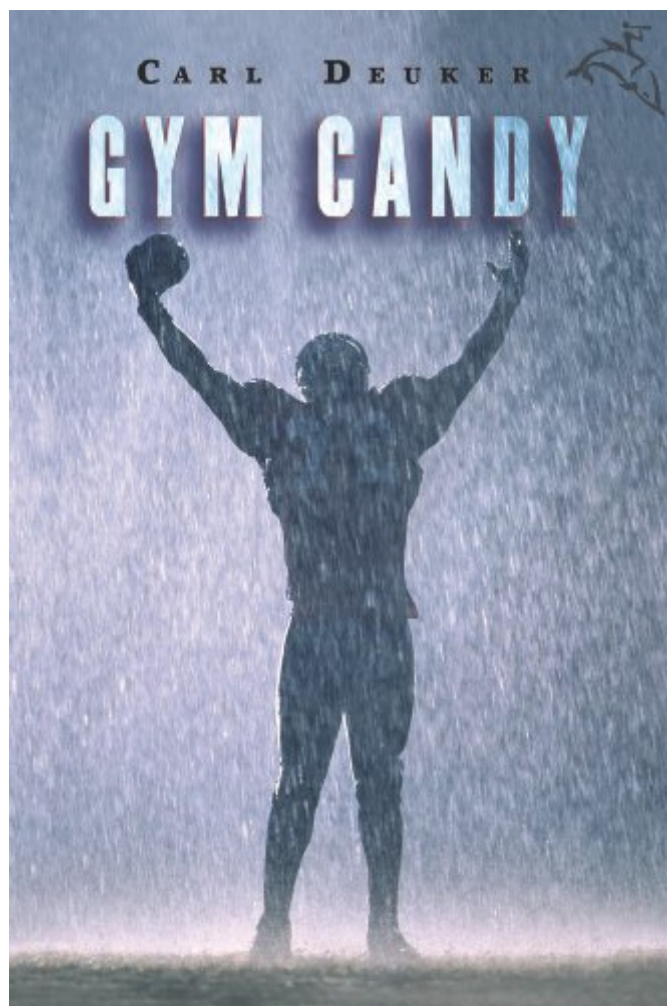


The book was found

Gym Candy



Synopsis

“Look, Mick,” he said, “you’re going to find out from somebody in the gym, so you might as well find out from me. Those supplements you’re taking? They might get you a little bigger, but just a little. If you’re after serious results, there’s other stuff that produces better results much faster, stuff that a lot of guys in the gym use.”

“What other stuff?”

“You know what I’m talking about?” gym candy.

Runningback Mick Johnson has dreams: dreams of cutting back, finding the hole, breaking into the open, and running free with nothing but green grass ahead. He has dreams of winning and of being the best. But football is a cruel sport. It requires power, grace, speed, quickness, and knowledge of the game. It takes luck, too. One crazy bounce can turn a likely victory into sudden defeat. What elite athlete wouldn’t look for an edge? A way to make him bigger, stronger, faster? This novel explores the dark corners of the heart of a young football player as he struggles for success under the always glaring and often unforgiving stadium lights.

Book Information

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Customer Reviews

I liked how the author set every little detail up. There wasn't a word in this book that was strictly a filler. The story itself was really fun and a quick read. I flew through it in a weekend, but how he set up the ending of the story by small details at the beginning of it is truly a remarkable feat. If you're not familiar with Deuker writing style, he follows a character from when they're younger and how things shape them to the person they become. I'm always a fan of his, but this is my favorite

Gym Candy is a book about a boy named Mick Johnson who is a football superstar. His father Mike Johnson also lived the dream and played in the NFL but his dad always told him that he had gotten severely injured and stopped playing, when really he had a bad attitude and was kicked off of the team. Mick took his father's lies with a grain of salt and carried on with his life striving to be the best he could be. Mick had entered his high school career, along with his best friend Drew. They had made the varsity football team but were backups. The next season Mick was told he wasn't powerful so he started lifting. His dad got a free membership along with his new job, to a gym named Popeye's. Mick started attending Popeyes daily to get very strong. His trainer named Peter Volz then had bribed Mick to start with steroids which lead to devastation. Mick had felt as though he was cheating himself and cheating the team. His friend Drew and also gotten involved in the steroid use. After time of taking the steroids, Mick then tries to commit suicide but accidentally missed. He then lives and attends rehab but he still thinks about steroids all the time. This book was the best one I have ever read. The first person point of view is really good and allows you to feel Micks thoughts. I recommend this book to anyone who enjoys sports!

I had ordered a set of this book for one of my 7th grade teachers. She liked it for her reluctant readers. I hadn't read it until now and I couldn't agree more with her assessment. Students from 5th to HS will connect with this book. Very realistic in its portrayal of the pressure young athletes endure from parents and coaches. Highly recommend this book. The ending will take your breath away.

This book included a lot of valuable life lessons that many people could learn from. The only reason I gave it 5 stars is because the very end of the book wasn't as satisfying as I'd hoped it kind of ended on a sour note. Otherwise the book wasn't too bad.

As a former language arts teacher, I highly recommend this novel to middle school boys who claim they hate to read. This book reached my sports minded students and non-readers with its honesty,

action, surprises, and relevance. Carl Deuker, you did the impossible. My congratulations on an outstanding novel!

This book had both drama and suspense, it surprised even from a sports book. I recommend this book because it brings you back to the start of where it all happened and not jump straight into it. Very good book i would want to read it again.

My Son enjoyed it

Asks the compelling question of "Am I enough?" In a way young teens can relate to.

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